



Advance Care Planning Next Steps:

- ❑ Decide who will be your Healthcare Agent(s) and have a conversation with them about your wishes.
- ❑ Complete the Advance Directive form, which includes Durable Power of Attorney and Health Directive documents.
- ❑ Have the Durable Power of Attorney document witnessed OR notarized (see witness requirements on the document).
- ❑ Have Health Directive document witnessed by two people (see witness requirements on the document).
- ❑ Make copies of your Advance Directive documents; Keep the original.
- ❑ Give copies to your Healthcare Agent(s), your Primary Care Provider, and mail or fax a copy to be on file with PeaceHealth hospitals:

Mail to: PeaceHealth

Attention: HIM

1115 SE 164th Avenue,

Dept 336 Vancouver, WA 98683

OR Fax to: 360-729-3378

- ✦ You may call 360-729-1300 or email ReleaseOfInfo@peacehealth.org to ask our team to look up your record and confirm that your Advance Directive is on file.

- ❑ Revise your Advance Directive documents as needed

Remember The 5D's:

- Decade – When you hit 30, 40, 50, 60, 70, 80, 90+!
- Divorce – Maybe your healthcare agent has changed?
- Diagnosis – Finding out you have a new or worsening health condition.
- Decline (in health) – Maybe your health condition has changed, and you aren't as independent as you once were?
- Death – The death of a significant person in your life may create new viewpoints or values that you would like reflected or you may need to designate a new healthcare agent.

