

PeaceHealth St. John, Cowlitz County Community Profile



Longview-based PeaceHealth St. John Medical Center and Medical Group provide comprehensive specialty care for more than 190,000 patients per year in Cowlitz County, Wash. As one of community's largest employers with more than 1,500 caregivers and 260 active medical staff members, PeaceHealth St. John offers dozens of medical specialty services and programs including emergency, trauma, heart, behavioral health, bone and joint, cancer, birthing and women's services.

Overview

Service Area: Cowlitz County, Wash. The largest population center is Longview, home to more than 35% of Cowlitz County residents, followed by Kelso with approx.12%.

Facts & Figures (July 2016 to June 2017)

Total licensed beds	346
Average daily census	83
Average length of stay	4.17 days
Employees	1,510
Active medical staff	260
Volunteers	282
Inpatient admissions	7,222
Outpatient clinic visits	193,960
Births	822
Surgeries	3,738
ED visits	55,053

Major Medical Services

- Advanced Heart & Vascular Care
- Level III Trauma Center
- Kearney Breast Center, Advanced Imaging Services, 3-D Mammography
- Birthing Center, capabilities for high-risk pregnancies
- Outpatient Surgery
- Joint Replacement Center
- Cancer Care
- Behavioral Health Services for Adults/Children
- Women's Health Services
- Sleep Disorders Center



Accreditations & Accommodations

- ★ **Sleep Center** - Center for Sleep Disorders accredited by American Academy of Sleep Medicine (AASM)
- ★ **Critical Care** - Critical Care Unit received Beacon Award for Excellence, American Association of Critical Care Nurses
- ★ **Kearney Breast Center** - Designated a Breast Imaging Center of Excellence by American College of Radiology (ACR)
- ★ **Cancer Care** - Lower Columbia Cancer Center and Radiation Oncology are approved programs through the Commission on Cancer (CoC)
- ★ **Heart Care** - Cardiovascular Lab accredited by Intersocietal Commission for the Accreditation of Echocardiography Laboratories (ICAEL) and Intersocietal Commission for the Accreditation of Vascular Laboratories (ICAVL)
- ★ **Stroke Program** - Recognized by the American Heart Association with a Bronze Achievement Award for patient care and outcomes



Community Benefit

July 1, 2016 – June 30, 2017

\$1,342,000 Charity Care	\$5,995,000 Unpaid Cost of State Programs	\$7,476,000 Total Community Benefit
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PeaceHealth History



Serving the community's healthcare needs for more than 70 years, PeaceHealth St. John is a community-governed, nonprofit organization established by the Sisters of St. Joseph of Peace in 1943. Today, PeaceHealth employs approximately 1.5% of Cowlitz County's population.

Geography & Economy



Cowlitz County is located on the Columbia River in southern Wash., adjacent to the Portland metropolitan area. Longview has approx. 37,337 residents. A predominantly rural area and home to the stunning Mt. St. Helen's National Volcanic Monument, the county has two active ports, a highly-productive wood-products industry, two paper mills, and a diverse manufacturing base.



Cowlitz County Community Health Overview

Service Area Demographics >

The service area has approx. 105,160 residents. More than 37.8% of residents live in Vancouver and approx. 35.5% live in Longview.

- 50.8%** adult females
- 49.2%** adult males
- 5.9%** under 5
- 22.7%** under 18
- 10.9%** adults 18-24
- 16.4%** adults 25-34
- 17.0%** adults 35-44
- 17.9%** adults 45-54
- 17.7%** adults 55-64
- 20.1%** adults 65+

10.96% Veterans
(approx. 9,592)

Race/Ethnicity

- 8.8%** Hispanic (WA: 12.4%)
- 2.1%** American Indian/
Alaska Native

Socioeconomics

- 33%** of all households are in poverty or cannot afford basic household expenses (WA: 32%)
- 88%** adults with high school diploma (WA: 90.6%)
- \$49,127** median household income (WA: \$62,848)
- 16.3%** live below the Federal Poverty Level (WA: 11.3%)

Top Community Health Concerns

- ✓ Adult and teen substance use/abuse – highest death rate related to opiate use in Washington.
- ✓ Adult obesity and high rates of chronic diseases
- ✓ Low birth weight, childhood food-insecurity, and maternal smoking
- ✓ Lack of affordable housing
- ✓ Disparities in coverage and access to care based on race/ethnicity

Major Health Problems/Gaps, Key Health Indicators & Strategies

Pillar	Major Health Problems/Gaps*	Key Health Indicators^	Prioritized Evidence-Based Strategies
Healthy, Active Living	<ul style="list-style-type: none"> • Adult and teen chronic diseases • Adult and teen substance use/abuse • Lack of access to healthy food 	Cowlitz County has the highest death rate related to opiate use in Washington, and opiate abuse is a major public health issue. Adult obesity and related chronic diseases are also major drivers of poor health.	<ul style="list-style-type: none"> • Community Health Worker programs • School nutrition programs
Child & Family Wellbeing	<ul style="list-style-type: none"> • Maternal smoking during pregnancy • Care coordination for prenatal/postpartum vulnerable mothers, infants and children • Adverse Childhood Experiences (ACEs) 	Critical indicators of need include higher rates of low birth weight, childhood food-insecurity, and maternal smoking relative to the state.	<ul style="list-style-type: none"> • Prenatal and early childhood home visiting programs • Preschool programs with family support services
Health Delivery Systems	<ul style="list-style-type: none"> • Healthcare access inequities • Substance abuse care • Crisis/triage care 	Data show that there are significant differences in rates of being insured by race/ethnicity, and racial/ethnic differences in the quality of preventive care received by Medicare beneficiaries. Addressing these inequities is vital to the health of the community.	<ul style="list-style-type: none"> • Integration of behavioral health and primary care • Detox/sobering centers
Equity	<ul style="list-style-type: none"> • High housing costs • Culturally integrated businesses, healthcare and government • Access to healthcare for vulnerable and rural populations 	Lack of affordable housing and a high percentage of households that are Asset Limited, Income Constrained, Employed (ALICE) or in poverty mean that over a third of Cowlitz residents cannot afford a basic household stability budget.	<ul style="list-style-type: none"> • Systems/patient navigators • School-based health centers

> Sources: U.S. Census Bureau, Cowlitz County 2016; PeaceHealth 2016 CHNA; CentraForce Health

* Summarized from interviews with organizations throughout the county representing public health and minority health.

^ Based on primary data from Robert Wood Johnson's 2016 County Health Rankings and other state sources.