

# PeaceHealth Cottage Grove, Lane County Community Profile

PeaceHealth Cottage Grove Community Medical Center (CGCMC) is a 40,000-square foot Critical Access Hospital and primary care clinic located in south Lane County, Ore. PeaceHealth Medical Group: Cottage Grove, Creswell and Dexter offer experienced Lane County providers from various medical specialties.



## Overview

**Service Area:** While Peace Health Cottage Grove is located in Lane County, its primary service area is defined as the rural communities of: Cottage Grove, Creswell, Lorane, Drain, Dexter, Dorena, Yoncalla, Elkton and Oakland. The service area has about 42,000 residents, approximately 12% of the Lane County population.

## Facts & Figures (July 2016 to June 2017)

Total licensed beds . . . . .	14
Average daily census . . . . .	3
Average length of stay . . . . .	2.81 days
Employees . . . . .	174
Active medical staff . . . . .	118
Volunteers . . . . .	41
Inpatient admissions . . . . .	448
Outpatient clinic visits . . . . .	43,769
ED visits . . . . .	12,028

## Major Medical Services

- Emergency Department
- Digital Imaging/Radiology Department
- Medical Social Work Department
- Outpatient Services, including wound and footcare, physical therapy, and infusion center
- PeaceHealth Medical Group Practice, offering family medicine, internal medicine, pediatrics and a walk-in clinic open seven days a week



## Accreditations & Accommodations

- ★ **High Value** - 2016 winner, 2017 finalist for the Premier, Inc. QUEST® Award
- ★ **Supply Chain** - 2017 winner of the Premier Supply Chain Excellence Award
- ★ **Rural Healthcare** - One of the Top 100 Critical Access Hospitals in the U.S. according to both the National Rural Health Association and iVantage
- ★ **Rural Healthcare** - 50 Critical Access Hospitals to Know, *Becker's Hospital Review*
- ★ **Clinical Excellence** - Recognized in 2016 for overall excellence in multiple categories by iVantage and the National Organization of State Office of Rural Health



## Partnerships

**Northwest Christian University, Lane County Public Health and the South Lane School District**  
Offering an immunization clinic at the medical center for in-need students



## Community Benefit

July 1, 2016 – June 30, 2017

\$229,000 Charity Care	(\$2,492,000) Unpaid Cost of State Programs	(\$2,256,000) Total Community Benefit
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## History



PeaceHealth Cottage Grove has been providing expanded access and more affordable care to the communities of Creswell, Dexter, Cottage Grove and North Douglas County since 1998.

## Geography & Economy



Cottage Grove is the third largest city in Lane County. This picturesque, culturally vibrant city features a wealth of art, history and outdoor recreational options and is convenient to a variety of destinations ranging from the Eugene/Springfield area to the Oregon Coast.



# Cottage Grove, Lane County Community Health Overview

## Cottage Grove Service Area Demographics

The service area has about 42,000 residents, approx. 12% of the Lane County population. Lane County has about 369,519 residents with the majority of Lane County residents (**62%**) concentrated in the Eugene-Springfield area. Cottage Grove has approx. 10,109 residents (24% of the service area).

### Primary Service Area (PSA):

- 51.2%** ..... adult females
- 48.8%** ..... adult males
- 5.1%** ..... under 5
- 18.8%** ..... under 18
- 9.1%** ..... adults 18-24
- 11.7%** ..... adults 25-34
- 13.7%** ..... adults 35-44
- 16.2%** ..... adults 45-54
- 20.5%** ..... **adults 55-64+**
- 28.8%** ..... **adults 65+**

## Race/Ethnicity

**4.2%** ... Hispanic (OR: 12.8%)

## Socioeconomics

Pockets of high poverty, low educational attainment, with highest need areas in Springfield and Oakridge

Nearly half of Lane County (**43%**) households are either in poverty or cannot afford basic household expenses

**86.8%** Springfield, **93.4%** Eugene and **91.1%** Lane County adults have a high school diploma (OR: 90.0%)

**\$45,222** is the Lane County median household income (OR: \$53,270)

**23.1%** in Eugene, **22.6%** in Springfield and **18.3%** in Lane County live below the Federal Poverty Level (OR: 13.3%)

**7.59%** ..... Veterans (approx. 28,078 in Lane County and 647 in Cottage Grove)

## Top Community Health Concerns

- ✓ Adult and teen alcohol and substance abuse
- ✓ Youth mental health issues, especially depression and consideration of suicide
- ✓ Lack of mental health care
- ✓ Lack of providers that accept Medicaid, Medicare and uninsured
- ✓ Access to affordable healthcare for rural, low-income and vulnerable communities

## Lane County Major Health Problems/Gaps, Key Health Indicators & Strategies

Pillar	Major Health Problems/Gaps*	Key Health Indicators <sup>^</sup>	Prioritized Evidence-Based Strategies
Healthy, Active Living	<ul style="list-style-type: none"> <li>• <b>Adult and teen substance abuse and mental health issues</b></li> </ul>	Excessive drinking among adults is significantly higher than the state. Mental health rates among youth are worsening, particularly in the area of depression and consideration of suicide.	<ul style="list-style-type: none"> <li>• Increased access to mental health services</li> <li>• School-based early intervention programs</li> </ul>
Child & Family Wellbeing	<ul style="list-style-type: none"> <li>• <b>Maternal/child health</b></li> <li>• <b>Mental healthcare for pediatric patients</b></li> </ul>	High school graduation rates are lower than the state average. Other areas of focus are on increasing first trimester prenatal care and lowering the percentage of women who smoke during pregnancy.	<ul style="list-style-type: none"> <li>• <i>Early Pathways</i> home-based mental healthcare for children</li> <li>• Preschool programs with family support services</li> </ul>
Health Delivery Systems	<ul style="list-style-type: none"> <li>• <b>Lack of mental healthcare</b></li> <li>• <b>Lack of providers that accept Medicaid, Medicare, and uninsured</b></li> <li>• <b>Access to healthcare for rural and low-income communities</b></li> </ul>	Important issues include targeting health insurance inequities. There are significant differences in insured rates by race/ethnicity and preventive care inequities among Medicare beneficiaries with wide disparities among white and Hispanic/Latinos.	<ul style="list-style-type: none"> <li>• Integration of behavioral health and primary care</li> <li>• Community healthcare center expansion</li> </ul>
Equity	<ul style="list-style-type: none"> <li>• <b>Access to affordable healthcare for low-income and vulnerable communities</b></li> <li>• <b>Health disparities</b></li> </ul>	High income inequality. Nearly half of the population lives in poverty or is employed but cannot afford the cost of basic household expenses. Nearly one in five residents live with 'severe housing problems,' including a high housing cost burden, overcrowding, or lack of kitchen or plumbing.	<ul style="list-style-type: none"> <li>• School-based health centers</li> <li>• Patient financial incentives for primary care</li> </ul>

<sup>^</sup> Sources: U.S. Census Bureau, Lane County 2016; PeaceHealth 2016 CHNA; CentraForce Health.

\* Above avg. population of older adults (ages 55-64, 65+) compared to rest of Oregon Network/Lane County.

\* Summarized from interviews with organizations throughout the county representing public health and minority health.

<sup>^</sup> Based on primary data from Robert Wood Johnson's 2016 County Health Rankings and other state sources.