

YOU ARE WELCOME HERE!

Be a Partner in Caring for Your Loved One

PeaceHealth knows that support from family and friends is vital to the health and well-being of our patients.

You know your loved one better than we do.

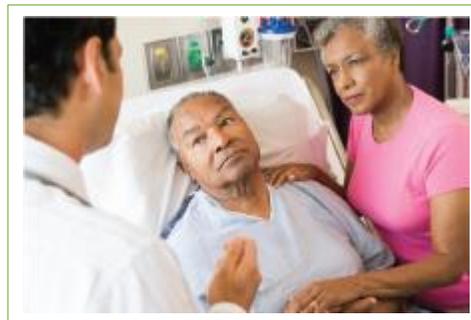
During your loved one's hospital stay, your presence can be very calming.

Your role is important.

Many times you may be the only one who sees your loved one through their entire journey, from primary care, to the hospital, through rehabilitation, and finally back home. That makes you an important part of the health care team!

What if my loved one becomes confused?

Sometimes people become confused while in the hospital, particularly elderly patients. This can be the result of certain medications, anesthesia from surgery infection, lack of sleep, and many other reasons. You can help! How? Stay with them. Work with our team and other family members and friends to create a schedule so your loved one always has company. Studies have shown the presence of family and friends can help reduce confusion for hospital patients. Having a familiar face nearby can make a tremendous difference.



You know your loved one better than we do. Be a part of their health care team!



What can I do to help?

There are many ways you can help your loved one while in the hospital. Your nurse can give you details depending on your situation.

- Join in their care planning
- Speak up for them
- Inform them about what is happening
- Offer emotional support
- Work with the health care team to assist with care
- Facilitate communication with family/friends
- Talk with the health care team to understand their routine
- Tell staff if you have concerns about how they look or act
- Ask questions! There are no bad questions