5 Moments of Hand Hygiene Auditor Competency Quiz

1. Which of the following is not one of the 5 moments of Hand Hygiene?
   a. Before touching a patient
   b. After touching a patient
   c. Before aseptic task
   d. After touching patient surroundings
   e. After adjusting the IV rate and before checking blood pressure

2. Hand hygiene performance rates are measured by:
   a. Multiplying the number of compliant moments by the number of missed moments
   b. Counting the number of missed opportunities only
   c. Dividing the total compliant moments by the number of possible moments and multiply by 100

3. What is the appropriate minimum length of time required for adequate hand hygiene?
   a. 5 seconds for alcohol based hand rub, 15 seconds for hand washing
   b. 15 seconds for hand washing, 5 seconds for alcohol based hand rub
   c. 30-40 seconds for alcohol based hand rub, 40-60 seconds for hand washing
   d. 60 seconds for alcohol based hand rub, 60 seconds for hand washing

4. Constantine, C.N.A enters a patient room to empty the Foley. This is the only task she performs. How many times should she perform hand hygiene? ___________
   Name the moments of hand hygiene according to the WHO __________________________

5. In an isolation room, the entire patient room is considered the patient zone and glove changes during the 5 moments are not necessary.
   a. True
   b. False
6. Dr. Jones enters the patient room and washes her hands before entering the patient zone and putting on her gloves. She pulls the privacy curtain.
   a. Did she miss any moments (circle one)? Yes No
   b. If you were auditing this encounter, how would you help Dr. Jones provide safe patient care while respecting her time constraints?

7. A caregiver is observed missing several moments for hand hygiene while tending to a patient. When you ask about his missed opportunities he replies, “The hand gel makes my skin irritated and I don’t have time to wash with soap and water all the time”. What is the most appropriate response to help this caregiver succeed?
   a. Tell the caregiver he must not really care about patients and he is terrible at his job.
   b. Say nothing. It is his right to do what he wants.
   c. Suggest that he makes an appointment with employee health so they can help provide him with a skin care regimen and alternative hand gel.

8. Which of these items are not considered part of the patient care zone?
   a. Nurse server
   b. Bedside table
   c. Computer station
   d. Privacy curtain
   e. a and d

9. Solve this riddle: _________________ of ___________________