What is the Gift of Healing?

Ketchikan General Hospital (KGH) Foundation Board of Directors believes that every person can experience the gift of giving of themselves and of their material goods to help heal and care for family, friends and community. Through fundraising efforts, the Gift of Healing 2010 will provide new and better technology for all we serve.

The Minimally Invasive Surgical Suite

The Gift of Healing 2010 will provide minimally invasive surgery equipment and a new operating table designed for a wide range of procedures. The new table will be installed in the largest operating suite in the hospital, which will be used for both minimally invasive and open procedures.

Total campaign goal: $237,141

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>Arcade, laparoscopy and arthroscopy scopes and monitor</td>
<td>$192,500</td>
</tr>
<tr>
<td>Operating room table</td>
<td>$45,000</td>
</tr>
<tr>
<td>Estimated project cost:</td>
<td>$237,500</td>
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Minimally invasive surgery is performed through a small incision which allows the insertion of a lighted camera, or "scope." Other tiny incisions allow the surgeon to insert additional instruments. At the end of the procedure, the incisions are sutured and bandaged. A nickname for minimally invasive surgery is "Band-Aid" surgery.

Laparoscopic surgery is performed through a small incision in the abdomen, usually near the navel. A laparoscope is a tiny camera inserted through this incision.

Arthroscopic surgery is typically performed on joints, most commonly knee and shoulder joints. A small telescope is passed into the joint allowing the surgeon to evaluate the joint and perform procedures within it such as rebuilding torn ligaments.

Cystoscopy is a procedure during which the inside of the bladder and urethra can be viewed using a thin, lighted instrument called a cystoscope. Tiny surgical instruments may be inserted through the cystoscope allowing the physician to perform biopsies and other procedures.

Arthroscopic knee surgery

These tiny scopes project images on a TV monitor allowing the surgeon and operating room staff to perform the procedure. High quality images are of paramount importance, because they are used not only to guide the procedure, but to document the patient's condition, explain the results to the patient, and guide post-surgical care.

Laparoscopies, arthroscopies and cystoscopies are performed on patients of all ages, outpatients as well as those who are hospitalized. Because, as illustrated above, these procedures involve minimal incisions compared to open surgery, patients experience less trauma and discomfort, have fewer complications and return more quickly to daily activities. For inpatients, it may result in shorter hospital stays.

Last year, 267 minimally invasive surgeries were performed at Ketchikan General Hospital, 89 percent of them on outpatients — patients who were able to go home the same day.

Needs and benefits

As technology advances, the equipment that allows us to perform advanced laparoscopic, arthroscopic and cystoscopic procedures improves. The Gift of Healing 2010 will provide KGH with state of the art technology and a second set of equipment enabling two minimally invasive procedures to be performed simultaneously in separate operating suites.

Currently, some patients are sent out of town for diagnosis and surgery. When the new equipment is available in Ketchikan, many of these patients will receive needed care at KGH, close to home, family and friends, reducing travel costs and disruption of work and family life.

The new state of the art technology will ...

• Dramatically improve image resolution resulting in far superior diagnostic clarity.
• Improve detection, diagnosis and prognosis of some cancers and other diseases.
• In some cases, will reduce the need to perform more invasive surgeries.
• Provide a second set of laparoscopy equipment, improving scheduling.
• Increase the range of services available locally.

Every donor is important and valued

These are compelling reasons for making this project a reality. Please join us in helping to increase the quality and range of health care services in Ketchikan. Together, we will improve the quality of life for all who call Southeast Alaska and its surrounding communities home.

The Ketchikan General Hospital Foundation is a 501(c)3 non-profit organization. Your donations are tax deductible and every dollar you give goes directly to support this capital campaign.
Enclosed is my contribution of $ _______________

☐ This is a partial payment towards my total pledge of ________________________________.

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Phone ______________________________________
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My donation payment is made as follows:
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(Pay to the order of Ketchikan General Hospital Foundation.)

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  ☐ Visa # _________________________________
     Expiration date __________________________
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     Expiration Date __________________________
Name as it appears on card: __________________________________________
Signature (required): ______________________________________________

Please direct my gift to:
☐ Gift of Healing Campaign
☐ Endowment
☐ Area of greatest need

My gift is made:
☐ In Memory of ☐ In Honor of
  Name(s) __________________________________________
☐ I wish my donation to remain anonymous.
☐ Please do not put my name on the Foundation’s mailing list.

Mail or deliver to:
Ketchikan General Hospital Foundation
3100 Tongass Avenue
Ketchikan, Alaska 99901
Phone: 907.228.8300, ext. 7035
Fax: 907.228.8324
Email: GKlein@peacehealth.org

www.peacehealth.org/SoutheastAlaska/foundation.htm