HYSTERECTOMY FOR EARLY STAGE GYNECOLOGIC CANCER

The Condition

A wide variety of gynecologic cancers can affect a woman’s reproductive system, which consists of the uterus, vagina, ovaries and fallopian tubes. The uterus is a hollow, muscular organ that holds a baby as it grows inside a pregnant woman. The fallopian tubes and ovaries are located on either side of the uterus.

The most common types of gynecologic cancers are cervical, endometrial (uterine) and ovarian cancer. The specific type of cancer a woman has and how advanced it is, will determine her available treatment options. Women with early stage gynecologic cancer are often treated with hysterectomy – the surgical removal of the uterus. In this procedure, the doctor may also remove the ovaries, fallopian tubes and/or select lymph nodes. Hysterectomy is the second most common surgical procedure for women in the United States, and an estimated one third of all U.S. women will have a hysterectomy by age 60.1

Smaller incisions. Faster recovery times.

Are you a candidate for the latest treatment option for early stage uterine cancers? We may be able to offer you a new, minimally invasive surgical procedure.

Questions about the robotic-assisted surgery program at Sacred Heart? Need more information? Would you like to make an appointment with the surgeon? Please contact our Surgery Coordinator to take the next step.

Phone: (877) 291-2362
Email: shmcsurgerycoordinator@peacehealth.org
Web: www.peacehealth.org/roboticsurgery

For more information, call our Surgery Coordinator at 877-291-2362.
www.peacehealth.org/roboticsurgery


More information about the da Vinci Surgical System can be found at www.davincisurgery.com.

This brochure is provided for general information purposes only. If you have questions about the procedures, the da Vinci Surgical System, or the information in this brochure, please talk with your doctor.

Sacred Heart Medical Center
PeaceHealth

Smaller incisions. Faster recovery times.

Robotic-Assisted Surgery Program
3333 RiverBend Drive
Springfield, Oregon 97477

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ROBOTIC-ASSISTED GYN ONCOLOGY SURGERY

The next generation of minimally invasive surgery

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Surgeons practicing at Sacred Heart are part of a growing number worldwide who have been successfully trained in providing leading-edge treatments such as the robotic assisted procedures featured here. These procedures are setting new standards for the surgical treatment of gynecologic conditions.

For more information on robotic assisted surgery, please visit: www.peacehealth.org/roboticsurgery

Call 877-291-2362 to speak with our Surgery Coordinator.

**The Treatment**

If you have a gynecologic cancer - such as cancer of the uterus or cervix - hysterectomy may be your best treatment option. The type of hysterectomy you have will depend upon your medical history and health, as well as the extent of the cancer growth.

Traditional hysterectomies for gynecologic cancers are performed via open abdominal surgery, requiring a long vertical incision (from the pubic bone to just above the navel). Open abdominal hysterectomy can be painful for patients, involving heavy medications, risk of infection and significant blood loss during surgery. After surgery, a long recovery (typically 6 weeks) is necessary. In addition, many patients are not happy with the scar left by the incision.

While hysterectomy is a relatively safe procedure, it may not be appropriate or necessary for all individuals or conditions. Always ask your doctor about all treatment options, as well as their risks and benefits.

**ROBOTIC-ASSISTED SURGERY**

If your doctor recommends hysterectomy, you may be a candidate for innovative, less invasive, robotic-assisted surgery. These procedures use the state-of-the-art da Vinci® Surgical System designed to help your doctor perform the most precise and least invasive procedure available today.

For most women, robotic-assisted hysterectomy offers numerous potential benefits over traditional surgical approaches, including:

- Significantly less pain
- Less blood loss and need for transfusion
- Less risk of infection
- Shorter hospital stay
- Quicker recovery and return to normal activities
- Small incisions for minimal scarring
- Less time between surgery and follow-on treatments
- Better outcomes and patient satisfaction, in many cases

As with any surgery, these benefits cannot be guaranteed, as surgery is patient- and procedure-specific.

**THE TECHNOLOGY**

The da Vinci Surgical System is designed to provide surgeons with enhanced capabilities, including high-definition 3D vision and a magnified view. Your doctor controls the robotic surgery system, which translates his or her hand movements into smaller, more precise movements of tiny instruments inside your body.

Though it is often called a “robot,” da Vinci cannot act on its own. Instead, the surgery is performed entirely by your doctor.

Together, robotic technology allows your doctor to perform complex procedures through just a few tiny openings. As a result, you may be able to get back to life faster without the usual recovery following major surgery.

The da Vinci System has been used successfully worldwide in hundreds of thousands of procedures to date.

Audrey Garrett, MD and Deb Dotters, MD, are board-certified and fellowship-trained GYN Oncologists with volumes of experience in treating gynecological cancers.