**Eugene Pain Conference 2014**

**Faculty Speakers**

- Christopher Amsden, MD  
  Board Cert. - Physical Medicine & Rehabilitation  
  Oregon Medical Group  
  Eugene, OR

- Robert Arndorf, MD  
  Board Cert. - Physical Medicine & Rehabilitation  
  Rehabilitation Medicine Associates  
  Eugene, OR

- Joseph Arpaia, MD  
  Board Cert. - Psychiatry  
  Meditation Training  
  Eugene, OR

- David Bove, ND  
  Board Cert. - Naturopathic Medicine  
  Private Practice  
  Eugene, OR

- Poly Chen, MD  
  Board Cert. - Anesthesiology & Pain Management  
  Pain Care Specialties  
  Salem, OR

- Anita Dekker, MD, MPH  
  Board Cert. - Pain Medicine & Occupational Medicine  
  Private Practice  
  Eugene, OR

- Miguel Estevez, MD, PhD  
  Board Cert. - Neurology  
  Sub Specialty - Headache Medicine  
  Oregon Neurology Associates  
  Springfield, OR

- Darryl George, DO  
  Affordable Integrative Medicine  
  Eugene, OR

- David Hanscom, MD  
  Board Cert. - Orthopedic Surgery  
  Swedish Neuroscience Institute  
  Seattle, WA

- Glenn Keiper, MD  
  Board Cert. - Neurosurgery  
  Spine Surgery Center of Eugene  
  Eugene, OR

- Greg Moore, MD  
  Board Cert. - Pain Medicine & Physical Medicine & Rehabilitation  
  Neuropine Institute  
  Eugene, OR

- Mark Ouellette, PT  
  Reclain Physical Therapy  
  Eugene, OR

- Thomas Peterson, MD  
  Board Cert. - Orthopedic Surgery  
  Eugene Sports & Orthopaedic Medicine Center  
  Eugene, OR

- Christine Ratchinsky, PT  
  Board Cert. - Anesthesiology  
  Body Potential Physical Therapy  
  Eugene, OR

**Educational Support**

**SWEDISH MEDICAL GROUP**

**Conference Objectives**

- To fulfill regional educational gaps.
- Course is expected to help increase performance and competency levels, as well as improve patient outcomes.

**Accreditation**

- This activity is accredited for 15 AMA PRA Category 1 Credits.*
- This Live activity, Eugene Pain Conference, with a beginning date of 06/06/2014, has been reviewed and is acceptable for up to 15.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- Approved for 15 Pharmacy CE hours with the Oregon State Board of Pharmacy.

www.RussoCME.com

**Questions**

Any questions, please contact Don at russocme2@gmail.com or 208-936-8229

**Eugene, OR**

**June 6 & 7, 2014**

**15 AMA PRA Category 1 Credits**

Continuing Medical Education

**Eugene Pain Conference**

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C:_____________________                O:_______________________
CH:_____________________             A:_______________________

Conference handout materials will be given to each participant on a DVD.

### Registration

- Please mail in attached registration form. This form can also be downloaded from www.russocme.com.
- Early Registration posted by May 14, 2014.
- Regular Registration posted by May 28, 2014.
- Additional $20 for Registration at door or post marked after May 28, 2014.
- Questions: Please contact Don at 208-936-8229 or email russocme2@gmail.com

### Location / Hotels

- The Conference will be held in Eugene, OR at:
  - Lane Community College
    - Center for Meeting & Learning
    - 4000 East 30th Ave
    - Eugene, OR 97405

  Discounted room rate for conference attendees. Let the hotel know you have the LLC rate.
  - Comfort Suites - $79/night (early reservations recommended)
  - Please call 541-343-7000 to reserve rooms.

### Schedule

#### June 6, 2014 7:45am to 5:30pm

- 7:30AM REGISTRATION/EXHIBITORS
- 7:45AM INTRODUCTIONS
- 8:00AM BASIC SPINAL INJECTIONS
  - CHRISTOPHER AMSTEN, MD
    - EPIDURAL, FACET, SYMPATHETIC BLOCKS & PROCEDURES
    - WHO ARE GOOD CANDIDATES?
- 9:00AM FELDENKRAIS METHOD: THE ART OF LEARNING
  - CHRISTINE KATCHINSKY, PT
    - TREATMENT METHODS
    - BENEFITS
    - IDENTIFY IMPORTANT PRINCIPLES
- 10:00AM BREAK/EXHIBITS
- 10:20AM CORYDALIS, CURCUMIN, CANNABIS & COFFEE ENEMAS
  - DAVID ROYE, MD
    - DISCUSS NATURE OF PLANT COMPOUNDS THAT LEAD TO MULTIPLE MECHANISMS
    - IDENTIFY PLANT MEDICINE WITH MULTIPLE ACTIONS
- 11:20AM OREGON MEDICAL MARIJUANA PROGRAM PART I
  - DARRELL GEORGE, DO
    - PROBLEMS WITH PATIENTS, GROWERS, CLINICS & DOCTORS
    - FAILINGS OF THE OMMMP, POLICE & THE OMB
- 1:15PM OREGON MEDICAL MARIJUANA PROGRAM PART II
  - DARRELL GEORGE, DO
    - PROBLEMS WITH PATIENTS, GROWERS, CLINICS & DOCTORS
    - FAILINGS OF THE OMMMP, POLICE & THE OMB
- 2:15PM THE FIVE MINUTE LOW BACK EXAM
  - ROBERT ANDRESDORF, MD
    - EVALUATION TECHNIQUES
    - WHAT ARE WE LOOKING FOR?
- 3:15PM BREAK/EXHIBITS
- 3:30PM DIAGNOSIS & TREATMENT OF SHOULDER PAIN
  - THOMAS PETERSON, MD
    - ANATOMICAL STRUCTURES THAT CAN GENERATE PAIN
    - TREATMENT METHODS
    - EXAMINE THE PATIENT TO DIAGNOSE WHICH STRUCTURE IS GENERATING THE PAIN
- 4:30PM SURGICAL APPROACHES TO CERVICAL & LUMBAR SPINE PAIN
  - GLENN KIEPER, MD
    - PATHOLOGY TREATED WITH SURGERY AFTER FAILED CONSERVATIVE MANAGEMENT
    - MOTION PRESERVATION SURGERY COMPARING RESULTS WITH TRADITIONAL FUSION
- 5:30PM CONFERENCE ADJOURNS

#### June 7, 2014 7:45am to 4:30pm

- 7:30AM REGISTRATION/EXHIBITORS
- 7:45AM INTRODUCTIONS
- 8:00AM FIBRO FOGS & FLARE-UPS IN FIBROMYALGIA PATIENTS
  - ANITA DIKKER, MD
    - IDENTIFY & UNDERSTAND FIBROMYALGIA
    - ADJUVANT TREATMENTS & TREATMENTS
    - RECOGNIZE THE CYCLICAL & EBB & FLOW EQUILIBRIUM
- 9:00AM HEADACHE DIAGNOSIS & TREATMENT
  - JOSEPH ARVIA, MD
    - CURRENT CLINICAL TRIALS
    - ANATOMICAL & TECHNOLOGICAL DISCOVERY
    - THE FUTURE OF INTERVENTIONAL SPINE CARE
- 10:00AM BREAK/EXHIBITS
- 10:20AM A PARADIGM SHIFT IN SPINE CARE
  - GREG MOORE, MD
    - RECOGNIZE THE CYCLICAL & EBB & FLOW EQUILIBRIUM
- 11:20AM COMPREHENSIVE MANAGEMENT OF ACUTE SPINAL PAIN
  - DAVID HANSCom, MD
    - DIFFERENTIAL DIAGNOSIS, INCIDENCE & NATURAL HISTORY
    - ACCEPTED CLINICAL PATHWAYS
    - MANAGEMENT OF MUSCULOSKELETAL CARE
- 12:20PM LUNCH/EXHIBITS
- 1:15PM LOW BACK PAIN: CONSERVATIVE MANAGEMENT STRATEGIES
  - MARK OUELLETTE, PT
    - IDENTIFY BASIC COMPONENTS OF A SPINAL STABILIZATION PROGRAM
    - INCIDENCE & PREVALENCE
    - SPINE’S ANATOMICAL STRUCTURE & BIOMECH
- 2:15PM BREAK/EXHIBITS
- 2:30PM TREATING PAIN & DEPRESSION
  - JOSEPH ARVIA, MD
    - HOW TO REDUCE THE DESTRUCTIVE FEEDBACK BETWEEN PAIN & DEPRESSION
    - HOW TO KEEP PAIN PATIENTS FROM DEPRESSING YOU OR YOUR STAFF
- 3:30PM DRUG SEEKING BEHAVIOR
  - POLY CHEN, MD
    - WHAT TO LOOK FOR
    - TESTS THAT CAN HELP INDENTIFY ADDICTS
- 4:30PM CONFERENCE ENDS

Printed material can be downloaded at www.russocme.com by June 4th.