

PeaceHealth Foundation's

Helping Hands Fund



Every day across PeaceHealth, caregivers show up for others in moments that matter most. But when life shifts unexpectedly, it's that same spirit of care that turns inward — toward one another.

The Helping Hands Fund exists for those moments. Created by caregivers, for caregivers, it offers timely support when the unexpected happens — from medical crises to housing instability and other urgent needs. It's a reminder that care doesn't stop at our patients. It extends to every member of our community.

Across PeaceHealth, this fund represents something powerful: a shared commitment to stand beside one another, especially in times of uncertainty.

In the past five years, more than 330 caregivers have received over a half a million dollars — \$529,600 — in support when they needed it most.

This is what it looks like to live our Mission — together. Because of you, no caregiver has to face life's hardest moments alone.

Strength through support: Barbie's story

Barbie has faced more than her share of challenges. After completing treatment, she was rebuilding her life while also navigating the lasting impact of domestic violence. During that time, she lost her housing and many of her belongings, eventually finding stability in a program that supported her and her children.

Determined to move forward, Barbie returned to full-time work and even picked up extra shifts. Still, the financial strain made it difficult to keep up with rent.

Through the Helping Hands Fund, Barbie received the support she needed to stay in her home and regain stability.

Today, she is focused on what comes next — continuing therapy, leaning on her support system and building a safe, secure future for her family.

"I'm so thankful," she shared. "This support made it possible for me to keep going."

Barbie's story is a reminder of what's possible when caregivers support one another. Because of your generosity, colleagues across PeaceHealth are met with compassion in their most difficult moments — and given the chance to move forward with strength and hope.



PeaceHealth
Foundations



Growing stronger together as a community

The Helping Hands Fund continues to provide critical support for essential needs such as housing, utilities, transportation and medical expenses. Since the creation of the fund, your generosity has enabled nearly half a million dollars in support to be distributed to over 330 caregivers across PeaceHealth — offering stability and relief when it is needed most.

In the past year alone, more than \$130,000 was distributed to 77 caregivers facing unexpected hardship.

This support does more than ease financial burden — it reminds caregivers that they are part of a community that stands beside them. Across One PeaceHealth, your generosity ensures no one has to navigate life’s challenges alone.

A foundation for the future: Emily’s story

Emily, a single mother of two teenage sons, has always worked hard to provide for her family. But when unexpected medical and funeral expenses for a family member totaling more than \$8,000 began to pile up — combined with the absence of child support — keeping up with her mortgage became increasingly difficult.

Despite these challenges, Emily remained focused on her sons’ future. Both are working part-time while continuing their education — one preparing for university and the other enrolling in community college.



Through the Helping Hands Fund, Emily received support that helped relieve immediate financial pressure and gave her the space to move forward.

“It lifted a heavy burden,” she shared. “It gave me the strength to keep going.”

Today, Emily remains focused on what matters most — creating a stable foundation and a brighter future for her family. Because of your generosity, caregivers like Emily are able to navigate difficult seasons with dignity, stability and hope.



\$86,643

distributed to support housing needs.

After severe flooding left her home unlivable, Maria and her family were forced to leave with little notice. With nearly five feet of water in their home, they faced significant damage and an uncertain timeline for repairs. Insurance did not cover temporary lodging, adding to the financial strain.

Through the Helping Hands Fund, Maria received support for temporary housing — giving her family a safe place to stay while they navigated next steps.

“This was so financially tough,” she shared. “The support gave us breathing room when we needed it most.”



\$10,429

to help pay utilities.

When Andrew’s wife learned that her position would be eliminated, the family was suddenly living on a single income while caring for two young children. As the search for new employment continued, essential bills quickly became overwhelming.

Through the Helping Hands Fund, Andrew received support to help cover utilities and other critical expenses — providing stability during an uncertain time.

With that support, his family was able to focus on what mattered most: planning their next steps with confidence.



\$4,463

for transportation expenses.

After a sudden loss of household income, Jasmine found herself balancing multiple financial pressures — including urgent home repairs and an unreliable vehicle needed to commute to night shifts where public transportation wasn’t available.

Through the Helping Hands Fund, she received assistance that helped restore stability during a stressful time.

“This is such a relief,” she shared. “Thank you so much.”

Because of this support, Jasmine was able to continue working and caring for her family without interruption.



\$5,175

to assist with medical costs.

Ann is currently undergoing chemotherapy after months of surgery and radiation. As her treatment continued, her income was reduced by half — making it difficult to keep up with both medical and everyday expenses.

Through the Helping Hands Fund, Ann received support to help cover urgent medical costs and stabilize her situation during treatment.

With that burden eased, she has been able to focus on what matters most — her healing and recovery.



Together, we care.

Your generosity fuels the PeaceHealth Mission — bringing compassion and healing not only to our patients, but to one another.

253

caregivers supported the Helping Hands Fund in 2025.

\$130,228

raised in 2025 to support PeaceHealth caregivers.

77

caregivers received support through the Helping Hands Fund in 2025.

Thank you for being a member of the PeaceHealth Care Squad

Your generosity continues to make a meaningful difference in the lives of caregivers across PeaceHealth. Through the Helping Hands Fund, you provide more than financial support — you offer hope, dignity and stability to colleagues facing unexpected hardship.

Because of you, caregivers can focus on healing, remain in their homes, keep essential services in place and navigate life's challenges with the support of a caring community behind them.

Across PeaceHealth, your compassion strengthens the bonds that connect us — ensuring that no caregiver has to face difficult moments alone.

We're grateful to have you as part of the Care Squad.