

Herb Dip Mix

Additional ingredients for preparation:

1 cup plain non-fat Greek yogurt

1 ½ teaspoon lemon juice

To prepare soup:

In a bowl combine 1 tablespoon of mix and 1 cup plain non-fat Greek yogurt and lemon juice. Refrigerate for at least an hour to allow flavors to marry.



PeaceHealth

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From: _____

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