

# Know where to go for care

## Primary Care

For conditions that need preventive or ongoing care and are not life-threatening.



- Allergies
- Annual check-ups
- Colds, flu and fevers
- Immunizations
- Sports physicals

Primary care is an option for most urgent care conditions, except broken bones.

## Same-Day Care

For general illnesses or minor injuries that need prompt attention.

- Asthma attack
- Minor burns or cuts
- Sinus and ear infections



## Urgent Care

For conditions that need immediate care but are not life-threatening.



- Sprains or breaks of hands, fingers, arms, toes or feet
- Moderate burns or cuts
- Urinary tract infections with fever or pain in the mid-back

## Emergency Care

For conditions that are life- or limb-threatening.

- Chest pain
- Difficulty breathing
- Head and eye injuries
- Loss of consciousness
- Breaks of legs, hips, shoulders, head/skull, neck or back
- Severe bleeding
- Sudden blurred vision or sight loss



\*Types of services vary by community

**Remember, if you have a medical emergency, go to your nearest emergency room or call 911.**

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