

Cut out these bookmarks for your reading pleasure!



Books boost your health.

Reading helps you:

- Learn words.
- Get excited about things.
- Remember information.
- Feel close to people you love.



peacehealth.org/healthy-you

Sources: eclkc.ohs.acf.hhs.gov, psychologytoday.com/us



“Readers are lucky—they will never be bored or lonely.”

— NATALIE BABBITT



What is your favorite book?

Use the edge of the bookmark to help you follow along each line as you read. →

My favorite book is _____

My parent's favorite book is _____

My friend's favorite book is _____



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