How can I get copies of my medical records?

You have three options:

1. **Use My PeaceHealth**
   - Some records are available, free of charge, at [www.MyPeaceHealth.org](http://www.MyPeaceHealth.org) including medications, test results, procedures, etc.
   - If you do not yet have a My PeaceHealth account, you will need an activation code. To receive an activation code, contact your provider’s office or visit [www.MyPeaceHealth.org](http://www.MyPeaceHealth.org) and click “Sign Up Now.”

2. **Submit the Request for Copy of Protected Health Information form**
   - If the records you need are not available on My PeaceHealth, you can request to receive or have copies of your medical records routed to a provider or a facility for a fee. Federal law permits PeaceHealth to assess patients a reasonable, cost-based fee for copies of their records (see 45 CFR § 164.524(c)(4)).

<table>
<thead>
<tr>
<th>If the record is currently...</th>
<th>and you receive it...</th>
<th>the fee is...</th>
</tr>
</thead>
<tbody>
<tr>
<td>Electronic</td>
<td>Electronic</td>
<td>$6.50 fee + tax</td>
</tr>
<tr>
<td>Paper and Electronic</td>
<td>Electronic</td>
<td>$6.50 fee + tax</td>
</tr>
<tr>
<td>Paper and Electronic</td>
<td>Paper</td>
<td>$0.10 per page + postage + tax</td>
</tr>
<tr>
<td>Paper</td>
<td>Electronic</td>
<td>$0.08 per page + postage + sales tax</td>
</tr>
</tbody>
</table>

- See the following pages for more details and the request form.

3. **Provider request**
   - If a non-PeaceHealth provider needs copies of records for your care, the provider’s office can request records, free of charge, by faxing a request to 360-527-9383.
Questions? We’re here to help.
- Call 1-844-962-2090. Our Customer Service team is available daily from 7 a.m. – 5:30 p.m. (PT).
- Email ReleaseofInfo@peacehealth.org.
- Visit www.peacehealth.org/medical-records.

MRO is the company that handles release of medical records for PeaceHealth. As their partner for Release of Information (ROI), it is our pleasure to serve you!

Thank you for choosing PeaceHealth. We are truly honored to be your trusted healthcare provider.

(This page goes to patient-Do not scan into record)
Request for Copy of Protected Health Information

You have a right under federal law to request a copy of your health information.

How to request a copy of your health information:

1. Complete the Request for Copy of Protected Health Information form.
   To prevent possible delays in processing your request, please carefully complete the form including:
   - Your complete address and phone number in case we need to contact you about your request.
   - The date by which you need the records in the section “Date records needed”. For urgent requests, please call 1-844-962-2090 or 360-729-1300.
   - If you are a parent, guardian or personal representative, please include your relationship to the patient in the section “Relationship to Patient” and provide the required documentation.
   - Please clearly state where and how you want the records to be delivered.

2. Return the request form using one of these methods:
   - Email: ReleaseofInfo@peacehealth.org
   - Fax: 360-527-9383 (If you are completing this request at a PeaceHealth facility, you may ask a caregiver to fax the form on your behalf.)
   - Mail: PeaceHealth, Health Information Management (HIM) Department, ROI Services, 1115 SE 164th Avenue, Dept.336, Vancouver, WA 98683

(This page goes to patient-Do not scan into record)
What to expect after you have submitted a request form:

- Your request will be processed within 15 business days for Washington State and 30 days for Oregon and Alaska.
- An invoice will be mailed to you (if there are charges).
- After payment has been received, the records will be delivered in 5-7 business days, depending on the type of records and the dates of service requested.
- If we are unable to process your request within 15 business days for Washington State and 30 days for Oregon and Alaska, we will contact you to let you know the reason for the delay and the anticipated processing date.

Receiving your records:

- You may choose to receive your health information by paper, electronically on a CD or via encrypted e-mail.
- PeaceHealth uses an e-mail encryption system to protect confidential e-mail messages. If you choose to receive your health information via encrypted e-mail, you will receive a notification e-mail containing a link to access the full message on our Secure E-mail Server. Directions will be provided in the email for you to create a user account to receive your information.
- Please note, unencrypted e-mail transmitted via the internet has a risk of being intercepted by unauthorized individuals.
- After 15 business days for Washington State and 30 days for Oregon and Alaska, if you have not received your records or been contacted, please check your email spam/junk folder, prior to contacting HIM.
Request for Copy of Protected Health Information

*Note: Most requests are sent within 15 business days. To avoid delays, please print clearly and sign. (* = REQUIRED FIELDS)*

**INFORMATION ABOUT THE PATIENT WHOSE RECORDS ARE BEING REQUESTED:**

*Patient Name: Last ___________________________ MI ________
*First ___________________________

*Street Address __________________________________________

*City, State, Zip __________________________________________

Daytime Phone ______________ Evening Phone ______________

*Date of Birth _______________________

*Date Records Needed: _______________________

**WHAT FACILITY’S RECORDS ARE NEEDED?** (check all that apply)

<table>
<thead>
<tr>
<th>Location</th>
<th>Hospital</th>
<th>PHMG</th>
</tr>
</thead>
<tbody>
<tr>
<td>Springfield</td>
<td>Riverbend Hospital</td>
<td>Clinic</td>
</tr>
<tr>
<td>Eugene</td>
<td>University District</td>
<td>Clinic</td>
</tr>
<tr>
<td>Cottage Grove</td>
<td>Cottage Grove Hosp</td>
<td>Clinic</td>
</tr>
<tr>
<td>Florence</td>
<td>Peace Harbor Hosp</td>
<td>Clinic</td>
</tr>
<tr>
<td>Vancouver</td>
<td>Southwest Hospital</td>
<td>Clinic</td>
</tr>
<tr>
<td>Longview</td>
<td>St John Hospital</td>
<td>Clinic</td>
</tr>
<tr>
<td>Bellingham</td>
<td>St Joseph</td>
<td>Clinic</td>
</tr>
<tr>
<td>Friday Harbor</td>
<td>Peace Island Hosp</td>
<td>Clinic</td>
</tr>
<tr>
<td>Sedro-Woolley</td>
<td>United General</td>
<td>Clinic</td>
</tr>
<tr>
<td>Ketchikan</td>
<td>Ketchikan Hosp</td>
<td>Clinic</td>
</tr>
</tbody>
</table>

Other Location: ______________________________________

**SEND RECORDS TO (RECIPIENT):**

- Send to patient address above OR
- Facility Name: _____________________________
  Street Address: _____________________________
  City/State/Zip: _____________________________
**HOW TO SEND RECORDS:**
- Mail to Recipient Address
- Fax to number: ________________________________
- Email to: _________________________________
- Other delivery method (describe): ______________________

**VISIT DATE RANGE NEEDED (SELECT ONE):**
- Specific: (from) ______________ (to) __________________
- One-year history
- Other: ____________________________

**INFORMATION NEEDED:**
- Provider documentation, medication list and diagnostic information: Lab, X-ray, EKG (these are the most commonly requested items)
- Imaging Films
- Billing Records
- Other (specify): __________
- Complete medical records, this would include any and all records including billing records for dates identified above.

**Acknowledgements:**
1. I understand that I may be charged a reasonable, cost-based fee that covers the cost of copying, including supplies, labor, and postage.
2. I understand that the information in my medical record may include information relating to treatment of drug or alcohol abuse, mental health, genetic information, sexually transmitted disease, acquired immunodeficiency syndrome (AIDS), AIDS related complex (ARC) and/or human immunodeficiency virus (HIV).
3. I understand I must provide legal documentation if I am the guardian or Medical Power of Attorney.

**Requester:** __________________________ (print your name here)

**Signature:** ___________________________  *Date: ____________

Relationship to Patient:  □ Patient (self)  □ Parent/*legal guardian
□ *DPOA  □ Other: ___________________________

* Please attach proof of guardianship/DPOA (medical power of attorney) with this request.

**OPTIONS FOR RETURNING THIS COMPLETED FORM:**
- Fax: 360-527-9383  Email: releaseofinfo@peacehealth.org
- Mail to: PeaceHealth, ATTN: HIM ROI; 1115 164th Ave, Dept 336, Vancouver, WA 98683

**Questions?** Call 1-844-962-2090