

5 Moments of Hand Hygiene Auditor Competency Quiz

1. Which of the following is not one of the 5 moments of Hand Hygiene?
 - a. Before touching a patient
 - b. After touching a patient
 - c. Before aseptic task
 - d. After touching patient surroundings
 - e. After adjusting the IV rate and before checking blood pressure
2. Hand hygiene performance rates are measured by:
 - a. Multiplying the number of compliant moments by the number of missed moments
 - b. Counting the number of missed opportunities only
 - c. Dividing the total compliant moments by the number of possible moments and multiply by 100
3. What is the appropriate minimum length of time required for adequate hand hygiene?
 - a. 5 seconds for alcohol based hand rub, 15 seconds for hand washing
 - b. 15 seconds for hand washing, 5 seconds for alcohol based hand rub
 - c. 30-40 seconds for alcohol based hand rub, 40-60 seconds for hand washing
 - d. 60 seconds for alcohol based hand rub, 60 seconds for hand washing
4. Constantine, C.N.A enters a patient room to empty the Foley. This is the only task she performs. How many times should she perform hand hygiene? _____
Name the moments of hand hygiene according to the WHO _____



5. In an isolation room, the entire patient room is considered the patient zone and glove changes during the 5 moments are not necessary.
 - a. True
 - b. False



6. Dr. Jones enters the patient room and washes her hands before entering the patient zone and putting on her gloves. She pulls the privacy curtain.
- Did she miss any moments (circle one)? Yes No
 - If you were auditing this encounter, how would you help Dr. Jones provide safe patient care while respecting her time constraints?
7. A caregiver is observed missing several moments for hand hygiene while tending to a patient. When you ask about his missed opportunities he replies, "The hand gel makes my skin irritated and I don't have time to wash with soap and water all the time". What is the most appropriate response to help this caregiver succeed?
- Tell the caregiver he must not really care about patients and he is terrible at his job.
 - Say nothing. It is his right to do what he wants.
 - Suggest that he makes an appointment with employee health so they can help provide him with a skin care regimen and alternative hand gel.
8. Which of these items are not considered part of the patient care zone?
- Nurse server
 - Bedside table
 - Computer station
 - Privacy curtain
 - a and d
9. Solve this riddle: _____ of _____

