The Spirit of Giving 2016

PeaceHealth Foundations
Dear supporters and friends,

Thank you for your ongoing partnership and support of PeaceHealth, our physicians, caregivers, and our Mission. I am so deeply appreciative of your generosity and commitment to health improvement and extending our healing touch throughout our communities. Thanks to you and more than 10,000 fellow donors, PeaceHealth received more than $19 million in generous private contributions during the 2016 fiscal year. Your continued support and vote of confidence in PeaceHealth is inspiring.

The impact of your donations reaches our patients in numerous ways. Whether providing direct support to patients, encouraging nursing excellence, expanding services and access, or strengthening PeaceHealth’s connection to the Northwest communities it serves, your gifts make a significant difference.

If you are not among those who made a gift last year, I invite you to become part of the PeaceHealth donor family. Your gift will work together with the gifts of thousands of additional PeaceHealth donors to meet our community’s health needs. We look forward to welcoming many new donors as our partners in providing compassionate care and healing to all who turn to us during their time of need.

On behalf of the patients and caregivers throughout PeaceHealth who benefit directly from your generosity, I extend my heartfelt thanks.

Warmest regards,

Liz Dunne
President and Chief Executive Officer
Thank you, donors

Your exceptional generosity provides care for all who come through our doors. With your help, we can develop new and innovative services, create healing environments for patients and families, and support the endeavors of our excellent physicians and nurses.

On the following pages are just a few highlights of fiscal year 2016 — all made possible by donors to PeaceHealth Foundations. Thanks to your generosity, you are now our partner in promoting personal and community health, relieving pain and suffering, and treating each person in a loving and caring way. We can’t do it without you. You truly embody the spirit of giving!

“Service is a central calling of the Sisters of St. Joseph of Peace. Our donors carry the mission of PeaceHealth into their communities in a real and vital way.”

Sister Andrea Nenzel
Chair, PeaceHealth
Board of Directors
PeaceHealth Cottage Grove Community Medical Center

PeaceHealth Cottage Grove Community Medical Center is a critical access hospital located in southern Lane County, Oregon. The area is known for its historic covered bridges and natural forested beauty. PeaceHealth Cottage Grove has been providing expanded access and affordable care to the community since 1998. The Cottage Grove Community Medical Center Foundation supports all who come through our doors.

WHERE YOUR GIFTS MADE A DIFFERENCE
Fiscal Year 2016 Distributions

- **40%** Community Health
- **23%** Life Flight Helipad Project
- **19.4%** Caregiver Education/Training
- **10.6%** Other department funds and projects (i.e. Facility Upgrades, Equipment)
- **7%** Unrestricted Gifts

14 Total licensed beds

70+ Volunteers per year

12,320 ED visits per year
Investing in care teams

Two years ago, the Cottage Grove Community Medical Center Foundation launched a fund at our annual gala to help PeaceHealth caregivers advance their skills in patient care.

At the time, our community rallied in a big way behind the effort, raising $48,000. A year later, we created a second fund focused specifically on supporting our nurses in their educational pursuits.

Scholarships from these two funds are given to PeaceHealth caregivers who want to pursue academic and professional degrees, certifications and specialized training.

2016 scholarship awards helped cover tuition and training costs for:

- 4 nurses to receive advanced nursing degrees
- 15 nurses to take Pediatric Advanced Life Support
- 2 physical therapists to continue their education
- 3 radiologists to get CT Certifications
- 9 caregivers to receive continuing education

All of this advanced training means that our patients receive even better care.

According to Dana McCormack, a radiologist and scholarship recipient, “Technology is changing rapidly. The caregiver fund has made it possible to continue my education and improve my skills to better meet the needs of our patients.”

These hardworking caregivers would not have these opportunities without your support. Thank you!

“I am so grateful for being given this opportunity and for all of the support.”

Heather Lyda
RN to BSN
In 1923 the Sisters of St. Joseph of Peace opened the Little Flower Hospital in Ketchikan, Alaska. Now, PeaceHealth Ketchikan Medical Center, a critical access hospital, collaborates with the city to offer the highest levels of care possible in our remote island community, including an upgraded surgical center, large medical group, infusion therapy services, expanded pharmacy and several specialty care services. Your support of the Ketchikan Medical Center Foundation goes directly to support the patients and families we care for every day.

WHERE YOUR GIFTS MADE A DIFFERENCE

Fiscal Year 2016 Distributions

- **53.65%** Equipment
- **23.30%** Community Health
- **13.68%** Patient Care
- **9.37%** Education
Fostering a healing environment

It’s not uncommon in a small, remote community for everyone to jump in and help in the case of an emergency. Longtime Ketchikan resident Ken Eichner was one of those people. As a pilot and business owner, he used his talents and resources to care for people by participating in rescues and medevacs from remote areas of Southeast Alaska.

When Ken passed away, the Eichner family honored his commitment to the community by giving a gift to the PeaceHealth Ketchikan Medical Center Foundation in his memory. Their donation provided the resources for a very special outdoor garden space — The Ken C. Eichner Healing Garden — enjoyed by patients, families and caregivers alike.

Inspiring reminder to help others

“The Eichners have furthered the work Ken began in providing care and comfort for people when they are in need,” said Patti Mackey, president of the PeaceHealth Ketchikan Medical Center Foundation. “Their investment is inspiring and serves as a reminder to all of us to do what we can to help others.”

The Ken C. Eichner Healing Garden provides patients and visitors an outdoor garden space with views of the water and mountains, as well as the many helicopters, floatplanes and boats that pass by each day. Portions of the garden are covered by glass awnings with infrared heaters, making the space usable year round.

“We are so grateful for this important gift. We know that time spent outdoors in the fresh air and natural light is crucial for both the healing process of our patients and the well-being of the family members and caregivers who are supporting them each day,” said PeaceHealth Ketchikan Chief Administrative Officer Ken Tonjes.

“The Ken C. Eichner Healing Garden provides a wonderful place to be outdoors and is sure to be of immense therapeutic value.”

Ken Tonjes
PeaceHealth Ketchikan Chief Administrative Officer
PeaceHealth Peace Harbor Medical Center

PeaceHealth Peace Harbor Medical Center is a full-service critical access hospital with board-certified physicians in Florence, Oregon. Since PeaceHealth Peace Harbor opened its doors in 1989, the hospital has provided a level of patient care incorporating advanced imaging and technology that surpasses most other rural facilities. Your support of the Peace Harbor Medical Center Foundation goes directly to support the patients and families we care for every day.

WHERE YOUR GIFTS MADE A DIFFERENCE

Fiscal Year 2016 Distributions

- **47%** Hospice and Palliative Care
- **45%** Community Health
- **6.2%** Other department funds and projects (i.e. Orthopedics, Surgery, Cardiac)
- **1.8%** Caregiver Education/Training
Supporting those in fragile condition

Linda Hayworth was the primary caregiver for her terminally ill mother. Although terminally ill, her mother lived for years beyond her initial diagnosis, and Linda struggled to manage her varied care needs.

From keeping medications straight, to taking her mother in for blood tests, each day presented its own challenges. As her mother grew more fragile, transporting her became potentially harmful, and unfortunately, she did not qualify for hospice care.

With PeaceHealth Peace Harbor Medical Center’s new Palliative Care Program, patients like Linda’s mother can have blood work done at home. Care providers will offer guidance on medication and social workers will provide support and comfort, among many other services, to improve the quality of life for the patient and their family.

The program will provide a full continuum of care for patients, their families and caregivers. Medical, spiritual and emotional assistance will help patients and their families discover a personalized level of care. And, most importantly, it allows them to be in the space they want to be in.

Answering the call

To launch this pilot program, our donors answered the call for support. Linda has been a champion of this endeavor because of her experience. “If this program had existed for us, my mother’s life would have been of better quality, and the program would have given me the support I needed.”

Thank you to Linda and all of our donors who have supported this new program. It will be a source of comfort for our patients and families to know they have access to the medical, psychological and compassionate support they need as they live with life-limiting illnesses.
PeaceHealth Sacred Heart Medical Center

PeaceHealth’s presence in Oregon began 80 years ago in Eugene when the Sisters of St. Joseph of Peace purchased a hospital, now known as PeaceHealth Sacred Heart Medical Center, University District. Our University District location provides community-based health services, including 24-hour emergency medical care, rehabilitation, and inpatient medical and behavioral health treatment.

In 2008, PeaceHealth Sacred Heart Medical Center at RiverBend opened its doors in Springfield. This award-winning tertiary care medical center in Oregon’s picturesque Willamette Valley offers the full spectrum of medical and surgical care.

Your support of the Sacred Heart Medical Center Foundation directly supports the patients and families we care for every day at both locations.

WHERE YOUR GIFTS MADE A DIFFERENCE
Fiscal Year 2016 Distributions

RiverBend

347 Total licensed beds
2,907 Births per year
62,500 ED visits per year

University District

104 Total licensed beds
29,655 ED visits per year

49.6% Children’s Programs and Services
14.4% Other department funds and projects (i.e. Cancer, Oregon Heart & Vascular Institute, Neurosciences, Trauma)
11% Caregiver Education/Training
10% Hospice, Palliative Care, Courageous Kids and other mission programs
10% Community Health and Benefit
4% Behavioral Health Services and Programs
1% Patient Family Guest House
Caring for the littlest patients

Some of PeaceHealth Sacred Heart Medical Center’s smallest patients will continue to benefit from new technology and service enhancements, thanks to two amazing local businesses.

Bicoastal Media and Pacific Continental Bank were honored recently as Children’s Miracle Network Champions for their contributions to the Neonatal Intensive Care Unit and pediatric services at Sacred Heart RiverBend. The Children’s Miracle Network is a program of PeaceHealth’s Sacred Heart Medical Center Foundation.

Bicoastal has sponsored Sacred Heart’s CMN program for 16+ years. With the heartfelt commitment of its on-air talent, Bicoastal hosts a two-day radiothon, sharing firsthand stories about children whose lives are forever changed because of Sacred Heart. The event raises awareness of our services and brings significant, ongoing support to our pediatric and NICU programs.

Pacific Continental Bank has been part of Sacred Heart’s CMN program for 23 years. Their generous commitment as the presenting sponsor for Kids Helping Kids helps us continue a tradition of working with 17 high schools across mid-Oregon to raise an average of $350,000 each year for pediatric care.

Together, these two committed businesses have helped us expand services for our NICU patients and for the thousands of pediatric patients we treat each year. We salute them and their employees for their dedication and support.

“We salute these businesses for their dedication and support.”

Kimberly Ruscher, MD, MPH, FACS
PeaceHealth Pediatric Surgeon
PeaceHealth St. John Medical Center provides comprehensive specialty care for Cowlitz County and surrounding areas. As the community’s largest employer, with more than 1,600 caregivers and 250 active medical staff members, it offers dozens of medical specialty services and programs including emergency, trauma, cardiac, behavioral health, bone and joint, cancer, birthing and women’s services. Your support of the St. John Medical Center Foundation goes directly to support the patients and families we care for every day.

WHERE YOUR GIFTS MADE A DIFFERENCE
Fiscal Year 2016 Distributions

- **40%** Women’s and Children’s Services
- **27%** Caregiver Education
- **20%** Other (unrestricted, capital)
- **7%** Community Health
- **2%** Behavioral Health Services
- **2%** Cancer Services
- **2%** Cardiovascular Care
A community that gives back

“The Fraternal Order of Eagles (FOE) has a long history of partnering with PeaceHealth St. John Medical Center and providing consistent support of our programs and helping us fund new initiatives,” said Cathy Barr, Foundation Executive Director.

Collectively, the FOE donates more than $10 million to local communities annually. The monies are raised through events that depend on countless volunteer hours and, above all, a passion for helping those in need.

In 2016, the Fraternal Order of Eagles Auxiliary, Castle Rock Aerie #556, supported the foundation in three areas: cardiac, dialysis and memory care. Thanks to FOE support, the foundation was able to provide funds for the medical center to purchase:

- **Holter Monitors** to help cardiologists to diagnose life-threatening arrhythmias or identify necessary medication adjustments.

- **Peritoneal Dialysis (PD) Belts** as an alternative to adhesive tape to keep the dialysis catheter at the exit site secure and to reduce the chance of infection.

- **Dementia/Alzheimer’s Comfort Carts** to calm patients with dementia or Alzheimer’s in the hospital and help them maintain a schedule of worthwhile activities during their stay. This helps them to remain receptive to needed medical treatments.

Whether it’s a $25 or a $1 million donation, every gift counts. With loyal donors like the FOE supporting the PeaceHealth St. John Foundation, our medical center will be able to continue to provide exceptional care locally.

“Collectively, the FOE donates more than $10 million to local communities annually. The monies are raised through events that depend on countless volunteer hours and, above all, a passion for helping those in need.”

Cathy Barr
Foundation Executive Director
PeaceHealth St. Joseph Medical Center

PeaceHealth St. Joseph Medical Center in Bellingham is a nonprofit tertiary care hospital providing comprehensive specialty care in northwest Washington. It was founded by the Sisters of St. Joseph of Peace in 1891. PeaceHealth St. Joseph provides a warm, caring atmosphere with advanced medical and surgical programs in cardiovascular, cancer, spine and joint replacement, as well as family birthing services and primary care.

WHERE YOUR GIFTS MADE A DIFFERENCE
Fiscal Year 2016 Distributions

- **46%** Cancer Services
- **31%** Emergency Services, Cardiovascular Care, Advanced Medical Technology
- **14%** Community Health
- **6%** Education (Caregiver and Community Outreach)
- **3%** Women’s and Children’s Services
Giving for the greatest impact

Robin Foote’s connection to PeaceHealth St. Joseph began with the brief but loving in-home care provided by hospice caregivers during her mother’s last days. In the years that followed, her ties to PeaceHealth St. Joseph have only deepened as she and other members of her family have needed care. Robin said, “I am deeply grateful for the excellent care afforded my entire family over the years.”

These personal experiences have shaped Robin’s extraordinary commitment to the PeaceHealth St. Joseph Medical Center Foundation. In addition to dedicated service as a foundation board member, treasurer and active committee participant, Robin has contributed to several hospital departments and programs, including the Cancer Center, Whatcom Hospice joint replacement services, Emergency Department and the rehabilitation gym.

“Robin carefully identifies fundamental needs and directs her generosity where she feels it can have the greatest impact,” said Foundation Director Anne Rasmussen.

Robin’s generosity extends to those who practice the healing arts. As one of the initial donors to our RN-to-BSN scholarship program, Robin will help to ensure that finances are not a barrier for nurses seeking additional clinical training. “The research is clear,” she said. “The more clinical training a nurse has, the better the patient outcomes are. It’s a win-win program for nurses and patients.”

Philanthropy is personal for Robin; her giving reflects a profound desire to assist those who will benefit the most.

“The top-notch doctors and staff have always been there for us — whatever and whenever we’ve needed.”

Robin Foote
Grateful patient and donor
PeaceHealth Southwest Medical Center provides comprehensive specialty care for more than 250,000 patients a year in southwest Washington and is one of Clark County’s largest employers. It offers dozens of medical specialty services and programs, including emergency, trauma, comprehensive heart and vascular care, interventional stroke care, bone and joint care, brain and spine cancer care, and birthing services. Your support of the PeaceHealth Southwest Medical Center Foundation goes directly to support the patients and families we care for every day.

**WHERE YOUR GIFTS MADE A DIFFERENCE**
Fiscal Year 2016 Distributions

- 43% Cardiology
- 22% Women’s and Children’s Services
- 18% Hospice and Palliative Care
- 8% Community Health
- 4% Neurosciences
- 3% Caregiver Education
- 2% Cancer Services
Giving from the heart...for the heart

Ron and Terry Prill are grateful patients who selflessly give back to PeaceHealth Southwest Medical Center because of the compassionate and innovative care they have received through the years. They have seen firsthand the power of combining the best technology with loving care in their own health and healing.

Their pride and commitment to PeaceHealth Southwest motivated them to make a lasting impact for patients and programs. In February, the new inpatient cardiac unit was officially named the Ron and Terry Prill Cardiac Care Center to honor them and their lead gift to renovate the unit.

“Our community is blessed to have so many great cardiologists and heart surgeons practicing at PeaceHealth Southwest. The program provides everything from open heart procedures to minimally invasive heart valve replacement surgery,” Ron said. “Terry and I are happy to help create a cardiac inpatient center that matches the standards of the rest of our program.”

Not the types to sit idly, Ron and Terry also dedicate their time and talent as volunteers at PeaceHealth Southwest. Ron currently serves as president of PeaceHealth Southwest’s Community Board. Terry helped lead numerous initiatives, including the 2015 Peace of Mind Gala for Neurosciences Excellence and the HeArts of Clark County committee in 2013, which raised funds to build the hospital’s newest heart and vascular catheterization lab.

The Prills feel blessed to have expert physicians practicing right here in our backyard at PeaceHealth Southwest. Our community feels blessed to have the Prills’ passion and support for all patients who come through our doors.

Ron and Terry Prill

“Our community is blessed to have so many great cardiologists and heart surgeons practicing at PeaceHealth Southwest.”

Ron Prill
Grateful patient and donor

peacehealth.org
Working together for a healthy future

We care about the future health of our community. We know you do, too. Whether you would like to put your donation to work today or benefit us after your lifetime, we can help you find a charitable plan that helps you accomplish your philanthropic goals now and in the future.

Learn more at peacehealth.planmygift.org
“We feel such a sense of inner peace after making our bequest. Through philanthropy, we can work with others to provide the most advanced care for patients coming to the hospital.”

– Grateful patient
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