

DO YOU KNOW YOUR

COVID-19 VACCINE FACTS?

FACT

[LEARN MORE](#)

GETTING VACCINATED WILL HELP PREVENT YOU FROM GETTING SICK WITH COVID-19.

While many people with COVID-19 have only a mild illness, others may get a severe illness, or even die. There is no way to know how COVID-19 will affect you. COVID-19 vaccination will protect you without having to experience sickness from the virus.

FACT

[LEARN MORE](#)

THE PFIZER AND MODERNA VACCINES ARE SAFE AND EFFECTIVE.

There are many [benefits to getting vaccinated](#). The Pfizer and Moderna COVID-19 vaccines have shown to be safe and are between 94–95% effective in preventing you from getting COVID-19.

FACT

[LEARN MORE](#)

AFTER COVID-19 VACCINATION, YOU MAY HAVE SOME SIDE EFFECTS.

This is a normal sign that your body is building protection. The side effects from COVID-19 vaccination may give you flu-like symptoms but they should go away in a few days. Talk with your primary care provider about what side effects to expect.

FACT

BOTH THE PFIZER AND MODERNA VACCINES ARE BEING DISTRIBUTED BY PEACEHEALTH.

PeaceHealth is administering both vaccines approved for emergency use authorization, as they are made available to us. Both are being distributed in accordance with state and federal guidelines. [Sign up for email updates](#) about the COVID-19 vaccine and availability from PeaceHealth.

FACT

[LEARN MORE](#)

COVID-19 VACCINES WILL NOT GIVE YOU COVID-19.

None of the authorized COVID-19 vaccines or COVID-19 vaccines currently in development in the United States contain the live virus that causes COVID-19. This means that a COVID-19 vaccine cannot make you sick with COVID-19.

FACT

[LEARN MORE](#)

THE PFIZER AND MODERNA VACCINES REQUIRE MORE THAN ONE SHOT.

The Pfizer and Moderna COVID-19 vaccines require two shots. The first shot starts building protection. A second shot a few weeks later is needed to get the most protection the vaccine has to offer.

FACT

[LEARN MORE](#)

PEOPLE WHO HAVE GOTTEN SICK WITH COVID-19 MAY STILL BENEFIT FROM GETTING VACCINATED.

Due to the severe health risks associated with COVID-19 and the fact that re-infection is possible, people may be advised to get a COVID-19 vaccine even if they have been sick with the virus before.

FACT

[LEARN MORE](#)

WHO CAN GET THE VACCINE IS BASED ON STATE AND LOCAL PUBLIC HEALTH GUIDELINES.

Vaccines will be given in accordance with state and federal guidelines as they become available. We are committed to working with all our community partners, including public health agencies, to ensure the fair and equitable distribution of a safe and effective vaccine that will help end this pandemic. Learn more about the latest guidelines:

[Alaska Eligibility](#)

[Washington Eligibility](#)

[Oregon Eligibility](#)



DO YOU KNOW YOUR COVID-19 VACCINE FACTS?

FACT

[LEARN MORE](#)

THE COVID-19 VACCINE IS FREE.

The vaccine is free, and you will not have any out-of-pocket costs if you receive it from PeaceHealth.

FACT

[LEARN MORE](#)

THE PFIZER AND MODERNA VACCINES CAN BE USED IN ACCORDANCE WITH CATHOLIC VALUES.

The United States Conference of Catholic Bishops has found the Pfizer and Moderna vaccines morally acceptable. Additionally, the Catholic Health Association and their ethicists, in collaboration with other Catholic bioethicists, encourages Catholic health organizations to distribute the vaccines and has found nothing morally prohibitive with their development and use.

FACT

[LEARN MORE](#)

EVEN IF YOU GET A COVID-19 VACCINE, YOU STILL NEED TO WEAR A MASK.

After receiving the vaccine, as we learn more about how COVID-19 vaccines work in real-world conditions, you should still protect yourself and others by wearing a mask, watching your distance and washing your hands. These behaviors will remain essential until the pandemic has ended.

FACT

[LEARN MORE](#)

THE SAFETY OF COVID-19 VACCINES WAS NOT IMPACTED BY SPEED OF DEVELOPMENT.

The COVID-19 vaccine testing timeline is not being rushed. Instead, production and shipping timelines are being condensed, and vaccine manufacturing occurred in parallel with clinical trials.

FACT

[LEARN MORE](#)

MRNA VACCINES ARE SAFE AND WILL NOT ALTER YOUR DNA.

mRNA never enters the center of the cell, which is where your DNA is kept, making it impossible for it to interact or alter your DNA in any way. Researchers have been studying and working with mRNA vaccines for decades and it's been used in vaccines in other countries for Zika, flu, rabies and others.

FACT

[LEARN MORE](#)

THERE'S NO EVIDENCE THAT COVID-19 VACCINES AFFECT FERTILITY.

There is no evidence that authorized COVID-19 vaccines impact fertility. Some research suggests that getting COVID-19 itself – the virus, not the vaccine – can affect sperm quality. That means the virus itself may pose a greater risk to fertility than the vaccine. If you have questions about vaccine side effects, talk with your primary care provider.

FACT

[LEARN MORE](#)

THE COVID-19 VACCINE IS EFFECTIVE ON MULTIPLE STRAINS OF THE VIRUS.

Changes in viruses are normal and expected. According to experts, COVID-19 vaccines should most likely protect against multiple strains of the virus. However, just as flu viruses change often and doctors recommend that you get a flu shot each year, long-term, COVID-19 vaccines may also need to be revised to allow for growing diversity in the virus.

FACT

COVID-19 VACCINES DO NOT CONTAIN A TRACKING DEVICE OF ANY KIND.

The vaccine does not contain a nano- or microchip or any other sort of tracking device. You can find the list of ingredients on the FDA fact sheets for the [Pfizer vaccine](#) and [Moderna vaccine](#).

