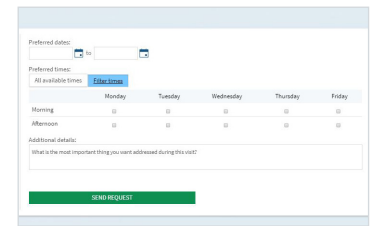
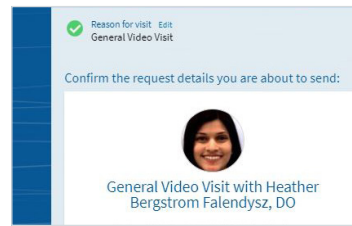
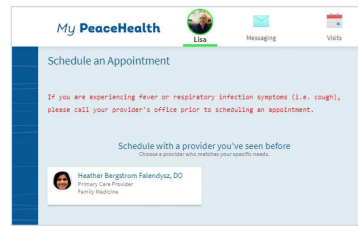
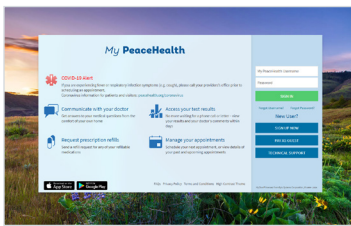


# Video Visits at PeaceHealth Clinics

Video visits make it convenient for you to “see” a medical provider at PeaceHealth from wherever you are.



## How to request a video visit



**1** Login to My PeaceHealth\*\*

**2** Click “Schedule an appointment.”

**3** Click the “General Video Visit”.

**4** Choose your preferred times and click “Request.”

*Click the “COVID-Related Concern Visit” if you want to talk to an expert specifically about an exposure or symptoms related to coronavirus.*

*You'll receive communication from the clinic with your appointment details, symptoms related to coronavirus.*

## What you need for a video visit

- A device that lets you see and hear others online:
  - Smartphone\* (iPhone or Android)\*
  - Tablet (iOS or Android)
  - Computer (laptop or desktop)
- Internet or Wi-Fi connection
- MyChart and ZOOM Cloud Meetings apps installed.
- A My PeaceHealth account.\*\*

\* Check with your cell phone service provider on fees associated with your phone plan.

\*\*Don't have a My PeaceHealth account? Sign up at [mypeacehealth.org](http://mypeacehealth.org).



## Video visits are good if you:

- Want quick, convenient care without leaving home for:
  - A follow-up check with your provider about a chronic condition.
  - A new medical problem that can be discussed or seen via video.
- Wish to limit your exposure to COVID-19.
- Need to avoid public places because you or loved ones have underlying conditions that put you at greater risk of getting sick.

## Video visits aren't good if you:

- Don't have the right equipment or reliable internet service.
- Don't have a private space for your appointment.
- Have trouble hearing.