

**Are you Providing Care for or Concerned
about an Older Adult or an Adult with
Chronic Illness?**

St. Joseph Hospital Adult Day Health

Both family and professional caregivers are invited to attend information meetings to learn more about Adult Day Health Services. Adult Day Health is a day program providing nursing services, occupational therapy and recreation and leisure activities for adults with physical and/or cognitive challenges. Caregiver support is also provided to family caregivers.

Information Meeting Dates

Daytime: Wednesday, 12 noon to 1:00 p.m.

**May 20
June 17**

**July 15
August 19
September 16**

**Location: St Joseph Adult Day Health, First Floor
South Campus - 809 E. Chestnut St.
Bellingham**

For more information, please call:

Adult Day Health

360-788-6410

www.peacehealth.org/aduldayservices

Adult Day Health



St. Joseph Hospital
PeaceHealth