

## About us

St. Joseph Hospital's Behavioral Health Outpatient Center is licensed by the Washington State Department of Health and certified by the Washington State Division of Alcohol and Substance Abuse and the Washington State Division of Mental Health.

Referrals are accepted from medical, legal and mental health professionals, community agencies, employers, family members and clergy. Self-referrals are accepted as well. Psychiatric consulting services require physician referral.

## Contact us

(360) 715-6400

Monday through Friday 9 a.m. to 5 p.m.

## About St. Joseph Hospital

St. Joseph Hospital is a not-for-profit organization sponsored by the Sisters of St. Joseph of Peace since 1891. We return all proceeds to the community in the form of improved health care services, technology and facilities as well as care for the underserved.

St. Joseph is accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), which is recognized in the United States as the "ultimate" seal of approval. JCAHO is an independent body which sends physicians, nurses and other health care professionals to personally inspect and evaluate more than 5,200 of the nation's hospitals. St. Joseph is also accredited by the Division of Alcohol and Substance Abuse and Mental Health.

Accreditation means that we are committed to quality and meet stringent performance standards for patient care.

# Behavioral Health Outpatient Center

## We can help ...

St. Joseph Hospital's Behavioral Health Outpatient Center offers a comprehensive range of mental health and chemical dependency services.

To learn more, call  
(360) 715-6400



Phone: (360) 715-6400  
809 East Chestnut  
Bellingham, WA 98225  
[www.peacehealth.org](http://www.peacehealth.org)



*Dedicated to Exceptional Medicine  
and Compassionate Care*

## Our Mission

“Through collaborative work by dedicated professionals, we provide, with dignity and respect, a healing and supportive environment for our patients in need of psychiatric and chemical dependency care, promoting personal and community health.”

## Our services

- Multi-track outpatient services
  - ◇ Day or evening sessions available
  - ◇ Comprehensive chemical dependency and mental health intakes and evaluations
- Group and individual therapy
  - ◇ Co-ed continuing care
  - ◇ Women and men’s continuing care groups
  - ◇ Intensive outpatient for adults (nine hours a week for two months)
  - ◇ Relapse prevention groups for adults
- Specialized programs for co-occurring disorders
  - ◇ Co-occurring, one-hour continuing care group, four times a week
  - ◇ Co-occurring relapse prevention groups
- Alcohol and drug information school (eight-hour class)
- Pre-treatment
- Early intervention, twice a week
- On-site daycare

## Payment options

The Behavioral Health Outpatient Center accepts most private insurance. Washington State Department of Alcohol and Substance Abuse (DASA) low-income funds are available for people who need financial assistance for chemical dependency treatment.

## How we can help

Outpatient services we provide include:

- Mental health and chemical dependency/ substance abuse evaluations
- Psychiatric consultations
- Psycho-therapy and chemical dependency groups
  - ◇ Intensive
  - ◇ Continuing care
- Individual counseling
- Family therapy
- Information and consultations
- Referrals

## Our staff

Expert staff includes:

- Psychiatrists (consulting services by Physician referral only )
- Licensed Mental Health Counselors
- Licensed Mental Health Professionals
- Certified Chemical Dependency Professionals